

044 Gymleco Hacklift/Squat

10-series Plate loaded



Machine that allows two or more effective workouts which is perfect if you want to save space. Either you stand with your back against the backrest or stand outside the machine in the reverse position.

The first workout is similar to a hacklift movement while the other is a so-called squat movement where you move straight down. The machine is equipped with a large foot plate for different configurations.

- Gymleco's unique lever with optimal biomechanics that gives the right load distribution throughout the movement
- Two starting positions at different heights
- Two training options
- Long operating range
- 2 weight hangers included
- Rubberized handle
- Standard frame color: black
- Standard color cushion: black/red

Lenght	Width	Height	Weight
177 cm	85 cm	156 cm	115 kg

No maintenance needed.
Clean with gentle detergents.