

411 Gymleco Competition Powerlifting Bar

20 kg

Barbells



Gymleco's Competition Powerlifting Bar is a high quality bar designed for deadlifts, squats and presses. The bar, with its knurling, bearing and measurements, is according to the IPF standard which qualifies it for competitions. It's extremely durable with a black zink covered surface and 1.2 mm IPF standard knurl.

The bar has a bigger loading surface for weight plates and a more rough grip surface. Both features facilitates heavy lifting.

- Sleeve diameter: 50 mm
- Grip diameter: 29 mm
- Grip surface: Rougher
- Double grip markings
- Bearing: Long bronze plain bearing
- Surface: Black Hard Chrome
- Knurling: IPF standard
- Sleeve length: 433 mm

Length

220 cm

Weight

20 kg