

# 335 Gymleco Rear Deltoid Shoulder / Pec Deck

300 series, Selectorized machines



Thanks to the movable handles that adjust to the reach of the arms, the back of the shaft is maximally activated.

This exercise is very important as the back muscles of the shoulder are often weakened and tense.

One of the few combined Pec Deck and Rear Deltoid Shoulder machines with biomechanical movement. Dense division with 2.5 kg between the steps gives low and soft starting load.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Two different starting positions for Pec Deck.
- Weight block: 100 kg
- Larger weight block (optional)
- Individual arms
- Long movement

Lenght	Width	Height	Weight
147 cm	70-174 cm	149 cm	224 kg

No maintenance needs.