

355 Gymleco Biceps / Triceps

300 series, Selectorized machines / Multimachines



In this machine you get 100 percent training for both biceps and triceps without any compromises.

The movement paths are completely correct and the tricep training becomes really nice and insulating with a back cushion, that is easily pressed against your back with a simple push of a button and a gas spring.

The machine can easily be switched between biceps training and triceps training with a simple adjusting bolt.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Easy to set
- Weight block: 60 kg
- Larger weight block (optional)
- Long movement

Lenght	Width	Height	Weight
129 cm	84 cm	149 cm	170 kg

No maintenance needs.