

365B Gymleco Lumbar / Abdominal w/ armrest

300 series, Selectorized machines / Multimachines



Probably one of the best machines in the market for abdominal training combined with low back training.

The start position can be set in 13 positions at 10 ° intervals. The machine can be adjusted to fit those with weak or damaged back.

The abdominal workout becomes steady and effective with the knee support which acts as a counterbalance.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Ergonomically designed
- Weight block: 100 kg
- Larger weight block (optional)
- Knee support and heel support for perfect stability.

Lenght	Width	Height	Weight
100 cm	90 cm	160 cm	230 kg

No maintenance needs.