

# 027 Decline Chest Press

Plate Loaded Gym Machines



The optimal chest machine for all serious gyms! This machine is one of the most popular chest machines to have in the gym. It gives you an effective workout on the lower part of your chest muscles thanks to the well thought out design and movement. This machine is probably the most compact plate loaded Decline Press on the market. Additionally, it has an adjustable back.

Gymleco's Decline Chest Press is well thought out in its design and movement. All so that you can have safe, ergonomic training but at the same time effective on the right muscles. The machine has a correct load curve with increasing load towards the end of the movement (when having straight arms). Effective resistance meaning that the weight that is loaded on the tubes is the same on the handles at the end of the movement. In other words, you get as much resistance weight as you actually load with the weights as possible. This is a unique feature that differs Gymleco's machine from most others on the market.

This machine is probably the most compact plate loaded Decline Press on the market. It has an adjustment of the backrest for customized length of movement and an easy entry and start. You have the individually loaded arms and a long inward movement that isolates the pectoral muscles.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Adjustable back
- Long inward movement
- 4 weight pins are included

Lenght	Width	Height	Weight
120-133 cm	144 cm	158 cm	120 kg